

Durable Skills: Skills for Life

There are many lists of “durable skills” — skills that will last students a lifetime and serve them well in their present and future lives. While there is no one definitive list of durable skills, the word *durable* indicates you don’t lose these skills after the test. ;-) And these skills will actually help you pass those tests! Schools place a tremendous emphasis on “academic” skills that students forget, whether over the summer or over the years (quick, name the 6 noble gases and explain their qualities!). If you possess the skills in the table below, you don’t lose them throughout your career. Use this chart to consider:

- How is each skill built into curricular objectives and materials?
- How are classroom instructional activities building each of these skills?
- How does the teacher’s facilitation of learning support each of these skills?
- How are you assessing each of these skills?

Note: The chart has additional rows to add more skills that you might want to include.

Durable Skill	Curriculum Integration	Instructional Activities	Facilitation of Learning	Assessment
<i>Cognitive & Thinking Skills</i>				
Analytical reasoning				
Creativity				
Critical thinking				
Curiosity				
Decision making				
Problem solving				

Strategic thinking				
Systems thinking				
<i>Interpersonal & Communication Skills</i>				
Active listening				
Collaboration				
Communication				
Conflict resolution				
Cross-cultural competence				
Empathy				
Interpersonal awareness				
Teamwork				
<i>Self-Management & Intrapersonal Skills</i>				
Adaptability				
Agility				
Flexibility				

Goal-setting				
Initiative				
Resilience				
Self-assessment				
Self-awareness				
Self-direction				
Self-management				
Self-regulation				
Tenacity				
Time management				
<i>Leadership</i>				
Accountability				
Inclusivity				
Influence				
Persuasion				

Citizenship Skills				
Civic engagement				
Decision making				
Ethical reasoning				
Social responsibility				
Strategic thinking				
Digital Acumen				
AI and big data management				
Entrepreneurial mindset				
Information evaluation				
Systems navigation				